

PROFILE

Personal Details



Name : Dr Dasari Yugandhar
Parents' Name : Sri D. Lakshmi Narayana, Smt D. Sathyavathi
Designation : Lecturer in Phy, Edn., SRR & CVR Government
Degree College (A), Vijayawada, Krishna Dist, AP
Date of Birth : 04-01-1970
Mail ID & Cell : drdydhar4@gmail.com 9440196634, 8639526332

Education

Sl. No	Name of the Degree	Date & Year of Acquiring	Name of the University	Class & % of Theory & Practical
1	B P Ed	May, 1993	Acharya Nagarjuna University, Guntur, AP	First- Distinction
2	M P Ed	June, 1994	Acharya Nagarjuna University, Guntur, AP	First 70%
3	M Phil	September, 2006	Annamalai University, Chidambaram, TN	First – Distinction
4	PhD	26-04-2011	Tamil Nadu Physical Education. & Sports University, Chennai, TN	Best Viva Voce
5	M A	March, 1996	Acharya Nagarjuna University, Guntur, AP	Double PG
6	PGDCA	2000	Nehru Yuva Kendram,	'A' Grade

Professional Experience in Government Institutes

S.N	Name of the college	Period of working
1	Govt Junior College, Nandalur, Kadapa Dt. Entered into the Service through APPSC 1994 & acquired 3 rd Rank	From 17-02-1997 to 10-08-2002
2	Govt Junior College, Papanaidu Pet, Chittore Dist	From 11-08-1997 to 20-10-2004

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3	Govt Degree College, Srisailam Project, Kurnool Dist	From 21-10-2004 to 31-05-2012
4	Govt Degree College, Tiruvuru, Krishna Dist	From 01-06-2012 to 02-09-2015
5	Govt Degree College, Pamarru, Krishna Dist	From 03-09-2015 to 30-9-2021
6	SRR & CVR Govt Degree College (A), Vijayawada, Krishna Dt,	From 01-10-2021 Till today

Orientation/Refresher Courses

Sl.No	Name of the Course	Period	Organised/Name of the University	Grade
1	Refresher Course	From 18-11-2004 to 23-11-2004	CCE, Hyderabad, AP	“A”
2	Refresher Course	From 13-06-2005 to 02-07-2005	Osmania University, Hyderabad, AP	“A”
3	Orientation Course	From 24-04-2006 to 21-05-2006	Andhra University, Vizag, AP	“A”
4	Refresher Course	From 17-06-2020 to 30-06-2020	CPDHE, (UGC, HRDC) University of Delhi,	“A+”

Memberships

1. www.napess.org (National Association of Physical Education & Sports Science)
2. Aqua Devils Life Memberships, Vijayawada, Krishna Dt., AP, India (www.aquadevils.org)

Board of Studies Chairperson/Member

1. Letter Proc. No.KRU/ACC/UG/Board of Studies (Bos)-Chairperson/3.1/2020, Dated 25-1-2021 of the Vice Chancellor/Registrar Krishna University, Rudravaram, Machilipatnam 2021.
2. Appointed as Krishna University nominee for “Yoga Education Courses” PBS College of Arts & Science, Vijayawada, Krishna Dt., AP, India.

Selection Committee Member for PET Posts Etc.

1. Appointed as Selection Committee Member in Jawahar Navodaya School for PET’S Interview.
2. Appointed as Examiner for the Yoga Diploma Course in P B Siddhartha College of Arts & Science.
3. Appointed as SCM for Various Games and Sports in Krishna University, Machilipatnam, AP, India
4. Appointed as Press & Invitation Committee for All India Inter University & South Zone Inter University in Krishna University, Machilipatnam, AP, India

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External Examiner/Member/Convener

1. Appointed as Fact Finding Committee Member for BPED/UGDPEd affiliated colleges in Krishna University, Machilipatnam, Krishna Dt., India. Letter Dated-27-03-2021.
2. Appointed as Govt. of AP, Dept. of Public Libraries member for Scrutiny of Books for selection & purchase-Letter Dated:28-8-2020.
3. Appointed as Sports Board East Zone Convener for Krishna University, Machilipatnam, Krishna Dt., India, Letter Dated-05-09-2017.

Life Guard / Kho Certificates

1. Qualified RESUSCITATION - First Aid - Life Guard on 03-12-2014 Certificate received from President, Rashtriya Life Saving Society (INDIA).
2. Kho-Kho State Referee Exam qualified in 2003 Inkolli, Prakasam Dt. AP.

Krishna River Cross Swimming Competition, Vijayawada

S No	Venue	Date	Distance	Age Category	Time	Place
1	Durga Ghat, Vijayawada	29-01-2017	1.5 kmts	45 to49	0:29:12 Sec	Fourth
2	Durga Ghat, Vijayawada	30-01-2018	1.5 kmts	45 to49	0:24:37 Sec	Third
3	Durga Ghat, Vijayawada	29-01-2019	1.5 kmts	50 to54	0:26;49 Sec	Fifth
4	Durga Ghat, Vijayawada	02-02-2020	1.5 kmts	50 to54	0:27;44 Sec	Sixth
5	Aqua Devils, Vijayawada	31-01-2021	1.5 kmts	50 to54	0:23:44 Sec	Second
6	Aqua Devils, Vijayawada	30-01-2022	1.5 kmts	50 to54		

Grace Cancer/Amravathi Marathon Run: 5/10 Km

SNo	Venue	Date	Distance	Bib No	Time	Place
1	Indira Gandhi Municipal Stadium, Vijayawada	09-01-2016	05 Kmts		00:40:04 Sec.	
2	Indira Gandhi Municipal Stadium, Vijayawada	10-01-2017	05 Kmts		00:50:40 Sec.	
3	Indira Gandhi Municipal Stadium, Vijayawada, Org. by Vijayawada Runners.	11-11-2018	10 Kmts	10007	01:12:56 Sec.	204/362
4	Grace Cancer Run (Global Virtual Run) 3 rd Edition	10-10-2020	05 Kmts	F50044	00:44:33 Sec.	
5	Fit India Freedom Virtual Run	15-08-2020	05 Kmts		00:45:34 Sec.	

AP (All India) Civil Service Tournament

SNo	Venue	Date	Event in Mtrs	Place
1	Sir Vizzy VMC Swimming Pool, Vijayawada, Organized by SAAP.	6-10-2016	400 Free, 200 IM 100 Breast, Back	First & Second

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2	Sir Vizzy VMC Swimming Pool, Vijayawada, Organized by SAAP.	2017	400 Free, 200 IM 100 Breast, Back	First & Second
3	SAAP Swimming Pool, Edupugallu, Vijayawada, AP, Organized by SAAP.	2018	400 Free, 200 IM 100 Breast, Back	First & Second
4	SAAP Swimming Pool, Edupugallu, Vijayawada, AP, Organized by SAAP.	16-10-2019	400 Free, 200 IM 100 Breast, Back	First & Second
5	SAAP Swimming Pool, Edupugallu, Vijayawada, AP, Organized by SAAP.	9-9-2021	400 Free, 200 IM 100 Breast, Back	First & Second

Participated/ Presented papers in Seminars/Workshops/Conferences National/Inter National

SNo	Title of the Paper Presented	Date	Organized By	Status	Published By ISBN/ISS	National /Inter National	Page No
1	APSACS, Hyderabad, SRP Trainig Programme	20-09-2006 to 22-09-2006	SKU, Anantapur	Participated		NSS	
2	The Worthiest Heritage	24-02-2007 to 25-02-2007	VSR & NVR College, Tanali	Presented		National	
3	To Evolve a Standardized age test	12-03-2007 to 14-03-2007	MCPE, Coimbatore, TN	Participated		National	
4	Hindi		GDC, Srisailam	Participated		UGC National	
5	One day Workshop on UGC-XII Plan	17-10-2014	GDC, Rajahmundry	Participated		CCE, Hyderabad, AP	
6	Human Values	21-08-2014 to 22-08-2014	GDC, Tiruvuru	Presented		UGC National	
7	Need of Nutrition & Hydration for Athletic Performance	5 th & 6 th October-2014	Kakatiya Medical College, Warngal, TS	Presented & Co-Chair Person	NAPCESS 2229-7049	NAPCESS UGC National	399
8	Nutrition & Hydration for Swimming Performance	18-02-2015 to 19-02-2015	KVR(W) DGC, Kurnool	Presented	WP Pub., Hyd 978-81-921580-6-8	National	04

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9	The Effect of Yogasanas on Human Body	12-03-2015 to 13-03-2015	KBN College, Vijayawada	Presented	KY Pub.,Guntur 2394-9724	IJLESS UGC National NSISQE -2015	89
10	The Effect of Aerobics on Human Body	03-06-2015 to 04-06-2015	PBS College, Vijayawada	Presented & Chair-Person	JPE & SS Pub., 2229-7049	UGC National NSOPD TS-2015	19
11	Reliving Stress in Students Through Yoga	07-06-2017 to 08-06-2017	PBS College, Vijayawada	Presented	ISSN 2229-7049	UGC National	149
12	The Effect Yoga on Hypertension	10-08-2017 to 11-08-2017	JMJ(W)College, Tenali	Presented 2394-9724 (online)	IJLESS ISSN:245 5-0418	UGC National	126
13	Science of Yoga and Meditation	17-06-2020 to 30-06-2020	Centre for Professional Development in Higher Education (CPDHE) UGC-HRDC, University of Delhi	Virtually Presented		UGC National	A+ Grade
14	Awareness on Sports for Youth Empowerment	11-10-2018 to 13-10-2018	Acharya Nagarjuna University, Guntur, AP, India	Participated			
15	Impact of Junk food on young football players	20-03-2020 to 22-03-2020	Osmania University, Hyderabad (TS)	Presented	ISBN:978-1-913482-91-6 Published in 2020	International Conference	520
16	E-Games Effect on Athletic Performance (SI No. 58) ycjournal.net	http://ycjournal.net/ResearchNedula/SpecialsuerresearchPaper.aspx	Research Nebula, Peer Reviewed Journal	E-Journal J-GATE Index	ISSN 2277-8071 SIF5.411	International online Seminar & Workshop on New challenges & Opportunities in May 2020al	228
17	Long distance swimming attributes of its	27 to 29 Feb, 2020	Govt. College of Arts.	UGC Care Journal, Presented	ISSN:4-3114.,Vol-10ISSUE-	International Conference	265 to 271

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endurances nutrition.		Science & Commerce- In Goa	62-march- 2020	nce	
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Swimming Performance

SN o	Name of the Event	Date	Organized By	Event in Mts	Secured Place (45-49)	State/Na tional (Krishn a,AP)	Clocked at In Minutes
1	1 st Masters Inter Dist. Aquatic championship 2016	July, 2016	Guntur Dist Masters Swimming Association	100 Breast Stroke	First	State	01:52
2	1 st Masters Inter Dist. Aquatic championship 2016	July, 2016	Guntur Dist Masters Swimming Association	200 IM	First	State	04:15
3	1 st Masters Inter Dist. Aquatic championship 2016	July, 2016	Guntur Dist Masters Swimming Association	100 Back Stroke	First	State	01:17
4	2 nd AP State Master Inter Dist. Aquatic championship-2016	18- 09- 2016	KDAAA, Vijayawada, Pool	400 Free Style	First	State	07:58
5	2 nd AP State Master Inter Dist. Aquatic championship-2016	18- 09- 2016	KDAAA, Vijayawada, Pool	200 IM	First	State	04:22
6	2 nd AP State Master Inter Dist. Aquatic championship-2016	18- 09- 2016	KDAAA, Vijayawada, Pool	100 Back Stroke	First	State	02:15
7	2 nd AP State Master Inter Dist. Aquatic championship-2016	18- 09- 2016	KDAAA, Vijayawada, Pool	100 Breast Stroke	First	State	01:51
8	3 rd National Masters Aquatic Championship- 2016	24 th 25 th Sept,2 016	Telangana Masers Swimming Association, Hyderbad	100 Breast Stroke	Third	National	01:54
9	3 rd National Masters Aquatic Championship- 2016	24 th 25 th Sept,2 016	Telangana Masers Swimming Association, Hyderbad	200 IM	Third	National	04:27
10	3 rd National Masters Aquatic Championship- 2016	24 th 25 th Sept,2 016	Telangana Masers Swimming Association, Hyderbad	100 Back Stroke	Third	National	02:17
11	4 th National Masters Aquatic Championship- 2016	27 th 28 th Octo, 2017	MahaRasta Masers Swimming Association, Nanded	4*100 Midlay Relay	Second	National	03:38

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12	4 rd National Masters Aquatic Championship-2016	27 th 28 th Octo, 2017	MahaRasta Masers Swimming Association, Nanded	400 Free Style	Third	National	08:09
13	4 rd National Masters Aquatic Championship-2016	27 th 28 th Octo, 2017	MahaRasta Masers Swimming Association, Nanded	4*50 Free Style Relay	Second	National	02:51
14	4 rd National Masters Aquatic Championship-2016	27 th 28 th Octo, 2017	MahaRasta Masers Swimming Association, Nanded	200 IM	Third	National	04:25
15	4 rd National Masters Aquatic Championship-2016	27 th 28 th Octo, 2017	MahaRasta Masers Swimming Association, Nanded	100 Breast Stroke	Third	National	01:57
16	SFI 11 th National Masters Aquatic Championship-2014	21 st 22 nd Nov, 2014	KSA & GAA, Gulbarga Karnataka	4 Events	Participated	National	(40-44) Age group

Thanking You,

With regards

Dr Dasari. Yugandhar, PhD